



Facial Skincare



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How to Use a Facial Machine Effectively

The first is the function that is effective for pores. Primarily, a cleansing facial device is effective for pores because it removes dirt and dead skin cells from deep within the pores.

There are various types of facial skincare tool, and each type has its own effects and appropriate frequency of use.

In order to get the most out of your facial device, it is important to know how to use it effectively.

Use the right facial device for your problem

It is recommended that you use the right type of facial device for your specific problem.

Features that are effective for pores

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Ion conduction and water peeling have this function.

Effective function for blemishes and freckles

Optical esthetics is effective for spots and freckles. Optical esthetics is also known as photofacial using cosmetic LED lights, and the effects vary depending on the color.

Red LED increases collagen and improves spots, wrinkles, and sagging. Green LED promotes metabolism and normalizes skin turnover.

It is effective for pigmentation of blemishes and acne scars. Blue LED sterilizes the source of acne and makes the skin less prone to acne.

Effective functions for sagging and lines

The vibration and stimulation type of facial equipment is effective for sagging and lines. The vibration/stimulation type is the one with EMS and ultrasonic functions.

Effective functions for dryness

An introduction (penetration) type facial device is effective for dryness. They deliver beauty ingredients deep into the skin, where they cannot be absorbed by hand, making the skin moisturized from within.

Use a gel

It is important to cover the skin with a gel or serum before using the device to maximize the damage to the skin.

It is also a good idea to use a serum or gel that is tailored to your specific skin concerns, as the effectiveness of the facial device also includes the ability to help the serum penetrate the skin.

Pay attention to the timing of use

The effectiveness of a facial device such as facial massager depends on when you use it. When your body temperature is high and your metabolism is good, such as right after washing your face or after taking a bath, it is easier for the serum ingredients to penetrate into your skin.

The pores are also open, so the cleansing process is more effective. After bathing and before going to bed is the golden time for skin care.

Use in the bath

Some facial cleansers are more effective when used in the bath. Since water peeling is used when the skin is wet, it is recommended to use it in the bath.

However, keep in mind that the skin is soft and easily damaged when in the bath, so use it gently.

Move from bottom to top

It is more effective to move the facial device from the bottom to the top when it is applied to the face. The vibrations and ultrasonic waves from the device can be expected to have a lifting effect.

Also, since pores face downward, moving the device from bottom to top will help to remove dirt and grime stuck deep inside.

It depends on the function of the facial device, so it is best to judge the type of facial device you have and use it accordingly.